



CERTIFIED

HOME HEALTH AIDE

Stand Out in the
Home Health Field

Get started at:
[NCCTINC.COM](https://www.ncctinc.com)

 **NCCT**
NATIONAL CENTER FOR COMPETENCY TESTING



INTRODUCTION

Empowering the Next Generation of Home Health Aides

Healthcare is evolving and **the demand for home health aides is experiencing unprecedented growth** with a remarkable 34% increase in demand claimed by O*Net. According to the U.S. Department of Labor, an estimated 711,700 new jobs are expected to be added each year. An aging population, the increasing prevalence of chronic conditions, and a widespread preference for in-home care over institutional settings are driving this surge. As we navigate these changes, the importance of professional, competent, and compassionate care within the home setting has never been more apparent.

The National Center for Competency Testing (NCCT) is taking the lead in advancing the quality of home health care by offering the first-to-market home health care certification exam: **Certified Home Health Aide (CHHA)**. For schools, incorporating NCCT certifications means distinguishing your programs with a mark of excellence nationally recognized across the healthcare industry, while providing students with a significant advantage in the job market. For employers, this certification ensures a highly competent staff, improving patient outcomes while strengthening the reputation of the organization.

Why Certification Matters

To NCCT, certification is not merely a credential, it is a testament to dedication, proficiency, and an unwavering commitment to the highest standards of competence in healthcare. Certifying home healthcare workers through NCCT demonstrates your commitment to their future success and to improving the overall quality of care provided in the community.

The NCCT Advantage: A Closer Look



Best-in-Class Customer Service

We make certification easy. Our dedicated team goes above and beyond to assist candidates throughout their certification journey. Standing by for calls and questions, our team of in-house customer service professionals provide excellent support for students, schools and organizations, helping you every step of the way.

The direct line to our customer service representatives: **1.800.875.4404**



Next Level Education and Savings

We are committed to offering the most competitive pricing in the industry. We do not require contracts because we believe we should earn your business every single day. Enjoy free access to an extensive continuing education library, inclusive of P.A.C.E.® courses.



Flexible Exam Format

Whether your candidates prefer an in-person testing location or the convenience of remote-testing we offer options to suit their needs and preferences.



Easily Certify Home Healthcare Professionals with NCCT

For Schools

To incorporate NCCT certification exams into your existing home healthcare courses start by filling out a program eligibility application at www.ncctinc.com/schools/testing-sites. Upon approval of your application, you will receive an email from our Director of Testing Operations, who will connect you to your assigned Testing Representative. This representative will guide you through the process. Additionally, you will receive an approval letter in the mail.

For Employers

Send your employees to www.ncctinc.com/login/register to create an account. From their dashboard they will be able to apply for the Home Healthcare Certification through our experience eligibility pathway. If your organization is paying for employee certifications, you must first reach out to **1.800.875.4404** to be set up with a billing code.



Home Health Eligibility Criteria

These are the four most common ways candidates qualify to take the CHHA exam.



1 Current High School Student

Are you a CURRENT High School Student in a Home Health or equivalent (e.g., CNA) program from an NCCT (authorized) school?

- You must be a United States high school student.
- Upon obtaining a passing score on the Certified Home Health Aide certification exam, you will receive a provisional certification.
- Upon graduation, you must submit a copy of your High School diploma, your Home Health Aide diploma, certificate of completion, or official (signed) transcript with graduation date to obtain full certification.
- All required documents must be submitted within two years after graduation in order for your full certification to be released.

2 Current Non-High School Student

Are you a CURRENT Non-High School Student in a Home Health or equivalent (e.g., CNA) program from an NCCT (authorized) school?

- You must be a United States high school graduate or hold equivalent credentials (e.g., GED).
- You must submit a copy of your Home Health Aide diploma, certificate of completion, or official (signed) transcript with graduation date to obtain full certification.
- All required documents must be submitted within TWO (2) years after successful program completion in order for your certification to be released.

3 Graduate

Are you a GRADUATE from a Home Health Aide or equivalent (e.g., CNA) program from an NCCT (authorized) school, within the past FIVE (5) years?

- You must be a United States high school graduate or hold equivalent credentials (e.g., GED).
- You must submit a copy of your Home Health Aide diploma, certificate of completion, or transcript with graduation date. This includes U.S. Department of Labor Registered Apprenticeship programs.

4 Experience

You have SIX (6) months of verifiable full-time experience or equivalent (1040 hours) as a Home Health Aide practitioner with multiple clients, within the past FIVE (5) years.

OR

You have ONE (1) year of verifiable full time experience or equivalent (2080 hours) as a Home Health Aide practitioner with one client within the past FIVE (5) years.

- You must be a United States high school graduate or hold equivalent credentials (e.g., GED).
- You must submit a copy of your high school diploma (or equivalent) and the Home Health Aide Certification Qualification by Experience form completed by your employer.
NOTE: Working as an instructor is not equivalent to working as a practitioner.

DETAILED TEST PLAN

Certified Home
Health Aide
Detailed Test Plan
Effective: April 2024

This detailed test plan reflects the results of a national job analysis study that determined the critical job competencies to be tested by NCCT in this certification examination. It contains 125 scored items, 25 unscored pretest items and candidates are allowed three (3) hours to complete the examination. This certification examination is comprised of 92% standard, 4-option multiple-choice items and 8% alternative items (e.g., Drag and Drop, Multi-Select, Hotspot).

Number of Scored Items	Content Categories
15	1 Infection Prevention <ol style="list-style-type: none"> 1. Apply universal precautions and principles of infection prevention. 2. Use Personal Protective Equipment (PPE), per CDC guidelines. 3. Identify signs and symptoms of infections. 4. Change the client's bedding (i.e., occupied or unoccupied). 5. Handle soiled linens and equipment safely.
26	2 Direct Client Care <ol style="list-style-type: none"> 1. Follow the client's care plan. 2. Obtain and monitor client vital signs (e.g., respirations, heart rate, blood pressure). 3. Monitor and report changes in client mental status. 4. Monitor and report changes in client weight. 5. Monitor and report changes in client pain. 6. Observe and report changes in client skin integrity (e.g., bruising, skin tears, edema). 7. Document care provided and deviations from the care plan (e.g., refusal, noncompliance). 8. Document and report accidents and incidents to a supervisor (e.g., medication emergencies, falls). 9. Encourage independent personal care skills.
25	3 Client Safety and Transfers <ol style="list-style-type: none"> 1. Assess environmental safety hazards (e.g., open flames, firearms, fall risks). 2. Use assistive devices to prevent falls and accidents. 3. Transfer and position clients. 4. Transfer clients using durable medical equipment (DME) (e.g., walker, slide board, mechanical lift). 5. Transport clients using appropriate safety precautions.

Number of Scored Items	Content Categories
	<ol style="list-style-type: none"> 6. Assist ambulatory clients to the point-of-care. 7. Assist clients with prescribed exercise programs. 8. Respond to emergency situations (e.g., fire, medical emergency, inclement weather).
25	4 Activities of Daily Living <ol style="list-style-type: none"> 1. Assist with the dressing and undressing of the client. 2. Assist with the client's daily hygiene (e.g., oral care, grooming, peri-care). 3. Assist the client with toileting (e.g., bedpan, commode, and urinal). 4. Assist client with bathing (e.g., shower, tub). 5. Perform partial and complete bed bath. 6. Follow the dietary needs of the client. 7. Apply principles of safe food preparation and storage. 8. Assist clients with eating (e.g., difficulty swallowing, chewing, modified diets).
15	5 Special Populations <ol style="list-style-type: none"> 1. Adapt care for clients with cognitive impairments (e.g., dementia, bipolar, depression) 2. Adapt care for clients in palliative and hospice care. 3. Adapt care for clients with progressive diseases (e.g., Parkinson's, ALS, Multiple Sclerosis). 4. Adapt care for clients with chronic illnesses (e.g., diabetics, congestive heart failure, COPD). 5. Adapt care for clients with communication limitations (e.g., language barriers, aphasia, deaf). 6. Adapt care for clients with prosthetic and orthotic devices.
19	6 Law and Ethics <ol style="list-style-type: none"> 1. Recognize legal responsibilities and the scope of the practice. 2. Recognize unethical practices and respond in an ethical manner. 3. Identify and report suspected abuse or neglect, as a mandatory reporter. 4. Comply with disclosure laws (e.g., HIPAA). 5. Obtain the client's verbal consent. 6. Comply with laws and regulations regarding client decision-making (e.g., Power of Attorney). 7. Comply with client code status (i.e., DNR or CPR).

Essential Knowledge Base

Apply a working understanding of these integrated concepts:

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|-----------------------------------|---|
| 1 Universal Precautions | 16 Transfer Techniques |
| 2 Personal Protective Equipment | 17 Ambulation |
| 3 Biomedical Waste | 18 Dietary Restrictions |
| 4 Signs and Symptoms of Infection | 19 Toileting |
| 5 Vital Signs | 20 Bathing |
| 6 Patient Assessment | 21 Grooming |
| 7 Documentation Procedures | 22 Feeding |
| 8 Reporting Procedures | 23 First Aid Techniques |
| 9 Basic Anatomy and Physiology | 24 Level of Assistance |
| 10 Basic Medical Terminology | 25 Progressive Illnesses |
| 11 Body Mechanics | 26 Chronic Diseases |
| 12 Emergency Protocols | 27 Patient Privacy and Dignity |
| 13 Environmental Safety Hazards | 28 Federal and State Laws and Regulations |
| 14 Assistive Devices | 29 Code Status |
| 15 Durable Medical Equipment | 30 Scope of Practice |

Join Us in Shaping the Future of Home Health Care

By incorporating the Certified Home Health Aide certification into your program, you're equipping your students or employees with the skills and credentials needed to thrive in this rapidly expanding field. Moreover, you're positioning your institution at the forefront of healthcare education, meeting the evolving needs of both students and employers alike.

If you're ready to seize this opportunity and empower your students for success, please reach out. Our team is here to provide the support and resources you need.

Contact NCCT to learn more about partnership opportunities and the benefits of certification.



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